



Date: _____

Dear _____:

We are excited that you are a new patient and your first visit is scheduled to be on _____ at _____. My specialty in medicine is the holistic treatment of patients with myofascial pain in all areas of the body, fibromyalgia and chronic fatigue syndrome. Myofascial pain is the pain that comes from muscle and its covering tissue called fascia. You have been referred to me because your doctor or friend is thinking that your pain may be caused by myofascial trigger points in your muscles or because you need a more holistic approach to your problem.

Many of my new patients have had their pain condition for quite some time. If your condition is of recent onset, you will have less to do in order to prepare for your first office visit. I need you to bring with you the results of all the medical tests that have been done *in investigation of your condition*. I would like to see written reports of CAT SCAN, MRI SCAN, EMG tests, etc., and the actual films of any X-rays that have been taken. I do not necessarily need office notes from previous treating doctors.

Most importantly, I need you to **take some time and complete the medical history form which has been provided**. This will take some people quite a bit of time. Please write or type this information and mail your packet back in the envelope provided. We have highlighted the title on the pages we require to be sent back. We must have received your packet back at least 3 days PRIOR TO YOUR APPOINTMENT or your appointment will be cancelled.

Also enclosed are our General Information and Financial Policy Brochure. This will explain how our office functions. We ask that you the "patient" contact your insurance company so they can advise you of your medical benefits.

A map to our office and a checklist of things to bring is enclosed for your convenience.

WE HAVE RESERVED A CONSIDERABLE AMOUNT OF TIME FOR YOU. IF YOU NEED TO CANCEL THIS VISIT YOU MUST CALL AND GIVE US AT LEAST 72 HOURS NOTICE OR YOU WILL BE CHARGED \$100 FOR THIS RESERVED TIME.

We look forward to meeting you. If you have any questions, please do not hesitate to call.

Yours truly,

Hal S. Blatman, M.D., DAAPM, ABIHM